

# Module 1.4 — Getting Started with AI-Assisted Teaching and Reflective Practice

One-page syllabus reference (English PDF). See the adjacent HTML file for bilingual English/Nepali version.

Section	Title
0	Start here
1	Does this task even need AI?
2	Choosing and validating a tool
3	Designing one AI-assisted lesson activity
4	Design-try-reflect cycle
5	Teaching it well
6	AI for the teacher
7	Plan-it: first AI-assisted lesson
8	Stage 1 self-assessment and certificate